Parklife NEWSLETTER

From the Principals Desk

Week 10 | Term 3 | 2022

It gives me great pleasure to congratulate the graduating class of 2022. The achievement of a Higher School Certificate is tremendously important, and they should be very proud. As a dedicated group they have actively engaged in their learning and community. They have been great role models and have helped us to build a positive school culture. I would also like to congratulate Jack Jaramillo, he was a successful recipient in the 2022 Minister's Award for Excellence in Student Achievement. This award recognises outstanding Year 12 students who have excelled in their secondary years across academic excellence, sports, cultural, community and leadership. I wish Year 12 all the best and hope that they demonstrate bravery and ambition as they embark on the next chapter of their lives.

I also had the privilege of welcoming to our school the Acting CEO of ABCN, Greg George and the CEO of KPMG Australia, Andrew Yates as part of an the "partners in learning" leadership program. Great memories were made with our student drum performance, student leadership presentation, the fabulous PR team taking so many photos, and the card trick from Ozvarance Ham Y10 student, such external partnerships are so important to supporting the best possible opportunities for our students and school.

I am also excited to announce our Yarning Circle has been completed by Dalmarri, this will be a new outdoor learning space for our students. A yarning circle is significant within Aboriginal and Torres Strait Islander culture. It will be used to inspire learning though building understanding of respectful relationships and cultural knowledge.



Inside this issue

- Important Dates
- Deputy Matters
- Captain Messages
- Science Week Exhibition
- Classroom Features
- Cultural Yarning Circle
- Scholarship Program
- School Holiday Events

- Friday 23 September Last day of Term 3
- Monday 10 October Students return to school
- Wednesday 12 October HSC Examinations commence
- Thursday 13 October Student Leadership Camp
- Tuesday 18 October Year 7 Gala Day
- Wednesday 19 October Year 8 Gala Day
- Wednesday 26 October Year 7 Vaccinations





HSC Examinations

The Higher School Certificate commences on **Wednesday 12 October, 2022**. It is important that students carefully read the HSC exam timetable, noting the day and time of each exam. Students should also ensure that they are at the exam venue at least 20 minutes prior to the commencement of the exam, in full school uniform and with all necessary equipment. Students can still schedule time or email their classroom teachers, who will be available to help students before their final exams.

Students can find the 2022 HSC Written Exam Timetable, <u>here</u>. We wish Year 12 the best of luck with their final exams.

Illness/Misadventure during the HSC

In the event of your child becoming ill or being involved in an unforeseen event, please contact the school immediately. This allows the school to inform the Senior Exam Supervisor and for the necessary notification to NESA to take place. Should your child become ill, they **MUST** attend the doctors and obtain the necessary documentation to support their absence.

If your child needs to be tested for COVID during the HSC, advise the GP/clinic that they are currently doing their HSC and their test results will be prioritised by NSW Health.

Subject Selection

Subject Selection for Years 7, 8 and 10 has now been finalised. Students who have yet to bring in their signed subject selection form must do so as soon as possible, to the office. Any student who has not yet chosen will need to see either Ms Mutschall or Ms Sullivan to finalise selection, they will not be able to do them online anymore as the deadline has passed. Students will be notified of successful subjects towards the end of Term 4. Just a reminder that subject choices are final and there will be no changes in 2024.

R U OK? Day 2022

R U OK? Day is a national day of action reminding us that every day is the day to ask, 'are you OK?'. We can all make a difference in the lives of those who might be struggling by having regular, meaningful conversations about life's ups and downs.



PSA Schools Recognition Week

We would like to acknowledge the contribution of all school support staff, whether they work in the office, the library, on school grounds, in the classroom or supporting the wellbeing of our students in other roles. They perform valuable work in our schools every day of the year and have supported everyone in their school communities from the teaching staff to the students and families, as well as each other. They have worked tirelessly to make sure no-one is left behind. We thank you for all you do!

We wish our school community a safe and restful holiday break.



Ms Nicole Sullivan M, W, Th



Mr Paul De Carli Tu, F



Mr Steven Daoud



Ms Tina Mutschall



Mr Steven Moisidis



Learning in Partners Program

We are looking forward to the "Learning in Partners Program" with KPMG & ABCN. Thank you for this amazing opportunity!



Connecting and engaging our students by working in partnership





Donate Life Jersey Day 2022

Our students and staff participated in the Donate Life Jersey Day 2022 and were encouraged to wear their favourite sporting jersey to school and make a gold coin donation. All funds raised will be donated to the Make A Wish foundation, who grant lifechanging wishes for children with critical illnesses.

Jersey Day is inspired by the gift of life that Nathan Gremmo gave to six people when he became an organ donor at just 13 years of age. It aims to raise awareness about the importance of becoming an organ donor. Currently there are approximately 1,750 Australians on the waitlist for an organ transplant, with 36% of Australians being registered donors.





Donate Life Jersey Day 2022



Our students and staff are making a real-world impact



School Captain Messages



It's hard to believe that almost 7 years ago I walked through the school gates for the very first time. It was a daunting, scary experience, but one I'm so glad I stuck with. Being at St Johns Park High School has been unforgettable, and I'm eternally grateful to everyone I've met that have helped me grow and mature throughout high school.

I have learnt so many valuable lessons throughout high school, and I could not have managed any of it without support from the amazing students, staff and community of St Johns Park High School. Everyday, I have come to school and been surrounded by truly the

most amazing friends, peers and teachers who have pushed me to become a better version of myself and taught me new things everyday. I am so very grateful for each and every one of you.

High school has taught me the value of hard work, dedication, discipline, and where these traits can take you, this school taught me to strive for excellence, and provided me with the opportunities to do so. But above all, it has taught me about kindness, loyalty, and the importance of friendship. St Johns Park High School has made me a better person, and a better version of myself.

In the future, I would love to study international relations, or politics, philosophy and economics at the University of Sydney or the University of New South Wales, with the hope of eventually working as a diplomat or economist.

I could not have done anything without the support of the other captains and prefects, it has been a pleasure to work with you all. It has been an absolute honour and a privilege to be your School Captain in 2022 and I hope I have made you all proud. Thank you.

Grace Bowen - School Captain 2022



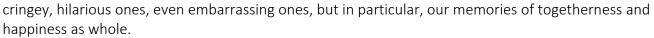


School Captain Messages



I cannot believe how fast time has gone and it has been almost 6 years since we walked through those gates as Year 7 students and now we're bound to walk out those gates for good. What a journey! We thrived! We've finally reached the end! (Well nearly - we might have graduated already but we still have to sit the HSC).

With our high school journey about to come to an end and our journey to adulthood about to start, I am forever thankful, humbled and privileged to have been with you all throughout high school. All the memories we've all made will be forever cherished - whether sad,



Throughout my time in high school, I have not only learnt about the subjects I chose to study, I have also learnt many valuable lessons about the world we live in; the What, Why, When, Where, Who and How's of life. I have learnt everything from as simple as self-discipline and time management all the way through thinking outside the box to solve the most complex problem life could ever throw at you. Thank you, for this would not have been possible without you all - to the amazing school staff and executives, fellow peers and the supportive community. Thank you for being an inspiration to me.

I would also like to thank the SRC team, our coordinators, Ms Le, Ms Pavlovic and Ms Lieu, my fellow captain, vice-captains and prefects. I would not have made it through without all your ongoing support and encouragement.

In the future, I hope to study engineering and business in the University of Technology Sydney (UTS) to one day, become a civil or electrical engineer and have a background in business in case I do decide to build my own business.

As my final message, I am eternally grateful to have spent my high school with you all! I'm sad that this chapter of my life is closing soon, yet I am happy as I know another one has just opened. To fellow students, strive for the best! Give it your all! You might not see it coming straight away but trust me, all will eventually all pay off!

It has been an absolute honour and pleasure to have led you as one of your 2022 Captains. Thank you for trusting us and for all the support throughout our time.

Jack Jaramillo - School Captain 2022



We thank our Captains, Vice-Captains and Prefects for their leadership and we wish them all the very best for their future endeavours!

School Captain Messages



Over these past few years, it's safe to say high school has been incredibly challenging within all aspects of itself. However, when I look back on my time at St. Johns Park High School, I have many fond memories that I know I'll always look back on in a positive light.

I have undergone various newfound experiences throughout my time here. From joining the SRC team in Year 7, it has granted me the opportunity to be more involved within our school community, and support in the organisation of school events and initiatives. These have allowed me to develop new friendships, as well as acquire various fundamental skills such as those of communication, time management, leadership, collaboration, and critical thinking.

My time in high school has allowed me to flourish as a person, and with the support of students and faculty, strive for self improvement and excellence within my studies. Ultimately, I have learnt to always put in the effort to achieve my goals, and to endeavour for my personal best in all circumstances. However, I could not have accomplished my aspirations without the endless encouragement of the school community, and for that I say a huge thank you.

While the future remains unknown, I know for certain that I will be utilising my prior experiences and newfound skills in transitioning into the next chapter of my life. In this chapter, I hope to study business at university.

In my final message, I would like to acknowledge how much of an honour it has been to be one of your Vice Captains for 2022. I am eternally grateful to have been given such an immense responsibility, and I hope that I have done our school community proud. So once again, thank you!

Zara Winfry - School Vice-Captain 2022

As a whole, my journey throughout high school has been an unforgettable experience. Although it has come with its challenges, there have been countless positive memories.

Since Year 7, the school has offered various opportunities to be involved within the school and its community, which I am extremely grateful for. During my first year at St. Johns Park High School, I joined the SRC team, allowing me to connect with the school community and become involved in event organisation and public speaking. Overall, this allowed me to enhance skills such as communication, leadership and cooperation.

Opportunities such as this have allowed myself to grow as a person in a positive manner. Furthermore, the huge support from my teachers, coordinators, principals and peers have strongly influenced me to grow as a person and to that I am unbelievably thankful for. This incredible support from programs and the people around me is something I will never forget.

In terms of the future, I definitely want to use my knowledge gained from high school to transition into university. In particular, I'd like to study a type of environmental or civil engineering. This interest has become apparent due to my enjoyment of subjects such as Engineering Studies and Earth and Environmental Science.

As a final message, I want to acknowledge how grateful I am to be given the opportunity as a Vice Captain, yet extend my appreciation to the school and its community for helping me get to this stage. Simply, a huge thankyou to everyone.

Xavier Winfry - School Vice-Captain 2022







Our 2023 School Captains will introduce themselves in the next edition!

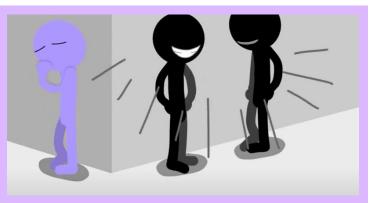


Embrace Our Differences

2023 School Leaders

Students in our PR Team have created a short animation film called "Embrace our Differences" to celebrate Wear it Purple Day 2022.

View the video, here.







SRC Daffodil Day Bake Sale

Our SRC Team raised \$588 for the Cancer Council's Daffodil Day. All donations go towards life-saving cancer research. Thank you to all who donated their time, baking skills and/or their money!





SRC Daffodil Day Bake Sale



Supporting our community and making a difference







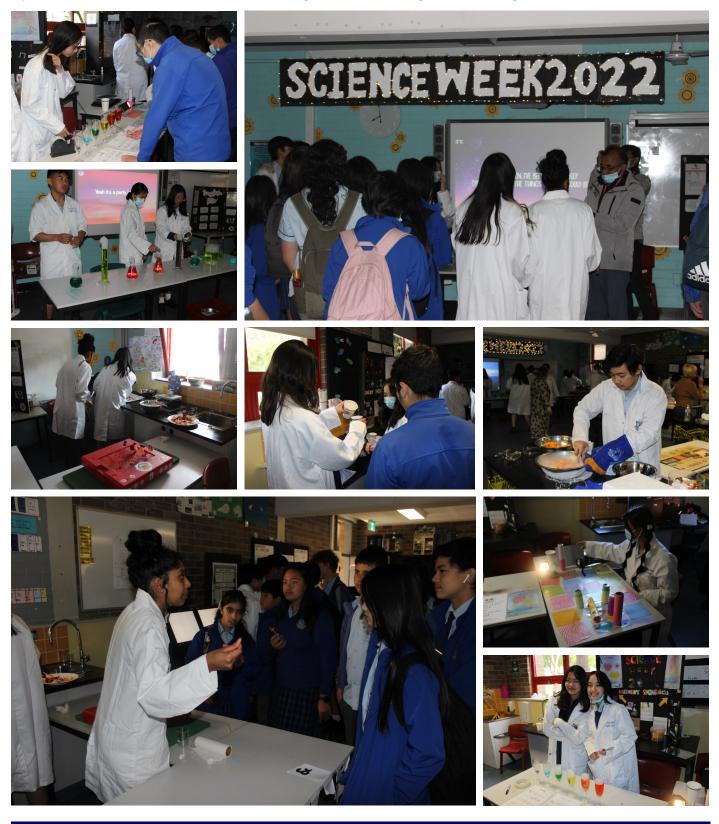






Science Week Exhibition

As part of National Science Week, Year 10R science students showcased engaging and interactive experiments at an exhibition. The theme this year was 'Glass: More than meets the eye'. Year 7, 8 and Special Education students visited and had a great time learning and observing!





Science Week Exhibition



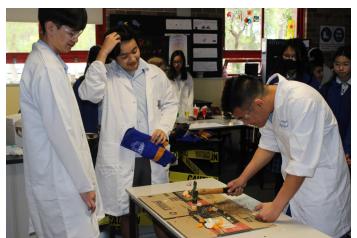


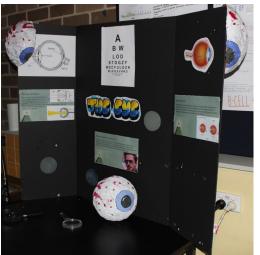












Encouraging innovative learning to drive strong student educational outcomes

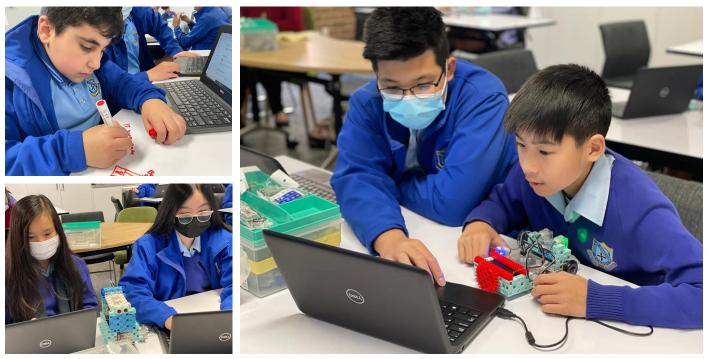






Year 8 STEAM Elective

Our Year 8 STEAM Elective class have been working tirelessly to create robots that could help with keeping our roads more safe. We are so proud to have entered 5 teams in the Universal Robotics Competition in the Idea Contest division!



Encouraging our students to achieve their best in a supportive environment







Year 9 Science Pathology Excursion

Our 9R science students had the opportunity to visit The Ainsworth Interactive Collection of Medical Pathology at The University of Sydney and were given a guided tour of the museum.











Year 9 History PBL - Hook Event

Our Year 9 students kick-started their History PBL "Lest We Forget" with a special guest, Angus Bryant from Fairfield RSL Subbranch as their Hook Event. Our students drove their own learning and the teachers just directed them towards deeper engagement with the content. Some of the artefacts delivered by students were incredibly well thought out, and was a nice first step for the faculty.

Thank you Angus and our wonderful HSIE faculty for leading this journey! President of the sub-branch of Fairfield RSL Paul 'Angus' Bryant delivered the Hook event once again, which gave the students a valuable insight into the role of the RSL and the men and women who served the country we call home.



Classroom Feature





Working with our diverse and inclusive school community











New Cultural Yarning Circle

New Learning Hub

Thank you so much to the Dalmarri for this wonderful space at our school. We are so grateful and can not wait to start utilising our new Cultural Yarning Circle for learning, listening and sharing!



Table Tennis





Sights from our Table Tennis sessions on Friday afternoons





Year 11 Fast Forward Program

Year 11 students participated in small group sessions with staff from the Western Sydney University - Fast Forward Program. During these sessions students navigated through the WSU website, learning about the true awards point system, scholarships and early entry opportunities for the various university courses that suited their interests and goals for their future. Students also learnt how to navigate various websites to help the gain a better understanding about the different courses and early entry programs that universities offer and skills they require to make their goals become reality.













HCHO TO THE STATE

ST JOHNS PARK HIGH SCHOOL

Scholarship Program

St Johns Park High School is offering scholarships to students in Years 7, 9 and 11 of 2023.

This is based upon academic, cultural and personal development. Scholarships are awarded for up to 100% of school fees and include the recipient receiving a laptop.

Applications are now open. Parents and Carers should check our school website or App - School Stream for the information booklet, application process and closing dates.





RESPECTFUL |

LEARNER

SAFE



Nextwave Youth Short Film Competition

SWIFF's Nextwave Youth Short Film Competition

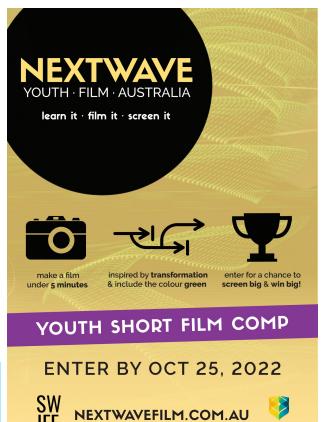
The Coffs Coast's Screenwave International Film Festival is looking for the next wave of young filmmakers! Enter a short film into the Nextwave Youth Film Competition for your chance to win awesome awards and prizes, including Best School, and have your film premiere at SWIFF 2023 on the Coffs Coast.

If you like being creative, and want to have a go at filmmaking, SWIFF wants to see what you can do! The rules are simple:

- Make a film under five minutes
- Include the theme of **TRANSFORMATION** and a **GREEN** item in your film
- Enter before Tuesday 25 October, 2022 to win!

For full terms and conditions, visit www.nextwavefilm.com.au.

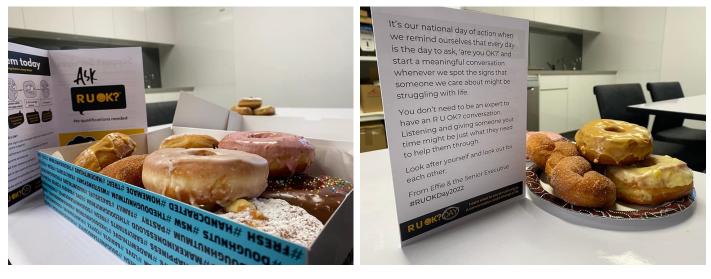
Providing opportunities for students to pursue their interests and passions



R U OK? Day 2022

R U OK? Day 2022

A tasty reminder for our staff to look after themselves and each other for R U OK? Day 2022. Thank you to The Doughnut Mum for their support!



R U OK? Day 2022



How to ask a friend if they're OK

We all have good and bad days But did you know young people are most likely to talk to friends or family members as the first step in seeking support when they're struggling.

Asking a friend how they're going could be the first step in getting them the help they need.

You're not expected to fix someone's problems or know the best way to help and support. But you can listen to what your friend is saying, let them know you care and tell a trusted adult if you're worried about them.



Learn how to ask a friend R U OK? in this guide





These are some of the signs or changes that can indicate a friend might need some support.

You might notice that they:

- O Withdraw from their friends or their family.
- Lash out at people and get angry or up set easily, including towards the people they care about.
- Cry or become emotional.
- O Lose interest in activities and things they usually love.
- Have changed their sleeping patterns. They might be sleeping all the time, not sleeping much at all, or sleeping at strange hours (like in the middle of the day).
- O They could be eating more than usual, or less.

The most important thing is to trust your gut. If you notice a change or just feel that something's not quite right with your mate, take the time to ask, "are you OK?"

Before you ask R U OK?

- Make sure you're in a good headspace, so you're not distracted or stressed.
- To help them feel comfortable opening up, find a time and place that works for you both.

For more tips visit ruok.org.au



C

3

Allied Health Partnerships

HIGH

NEW MULTIDISCIPLINARY ASSESSMENT CLINIC

- Is your child behind with their milestones but you can't figure out exactly what kind of support they need to grow and succeed?
- Are you unsure where to begin on your child's therapy journey?
- Do you want to 'rethink' your child's therapy journey and get a fresh perspective?
- Are you tired of reading multiple reports every time your child is assessed?
- Do you need help tying in the advice from all the health professionals you come across?

Our Multidisciplinary Assessment Clinic will give you confidence and clarity in identifying your child's needs, as well as practical and evidence-based strategies to use outside of therapy.



To Enquire or Book: Ph: (02) 8734 3065 Email: <u>reception@AHPartnerships.com.au</u>



SAFE | RESPECTFUL | LEARNER

lf you answered "YES" to ANY of these questions, Please talk to our reception team

Allied Health Partnerships







To Enquire or Book: Ph: (02) 8734 3065 Email: <u>reception@AHPartnerships.com.au</u>





Allied Health Partnerships



Do your children need a booster session to help them in school next Term?

Allied Health Partnerships and St Johns Park High School are collaborating to bring booster sessions run by qualified Speech Pathologists.

Group Name	Grades	Time
Language Booster 1	7-8	9:30 - 11:00
Literacy Booster 1	7-8	11:30 - 1:00

7-8

Tuesday 27th September 2022 – Online Microsoft TEAMS

Wednesday 28th September 2022 – Online Microsoft TEAMS

2:00 - 3:30

Group Name	Grades	Time
Language Booster 1	7-8	9:30 - 11:00
Literacy Booster 1	7-8	11:30 - 1:00
Literacy Booster 2	7-8	2:00 - 3:30

Please use the QR code or this link:

Literacy Booster 2

https://forms.office.com/r/wvC9jtkF11



Other services you can book during the School Holidays:

Speech Pathology – Occupational Therapy

- Assessments (NDIS/Private/Health Fund)
- Screeners
- Individual Sessions (NDIS/Private/Health Fund)

Be Quick – Spaces are Limited!

Living Well Photography Competition 2022

LIVING WELL PHOTOGRAPHY COMPETITION 2022



First Prize \$300

Second Prize \$200

Third Prize \$100

THEME: BUILDING RESILIENCE

Our lives after the COVID-19 pandemic have changed in so many ways. Social distancing, health screening, mask wearing, hand hygiene and isolation have become the new norm. We are seeking photographs that portray your resilience post pandemic. Show us the things that keep you strong, safe and positive. Share with us the moments that gives you hope and happiness with each new day. Tell us about you and your strengths. Along with your photograph we want you to tell us, in a maximum 100 words, the thoughts and feelings behind your photograph.

SLHD Staff Award \$100 Technical Award \$100

FREE ENTRY

INFORMATION & REGISTRATION

https://www.slhd.nsw.gov.au/MentalHealth/photocompetition.html

Sydney Local Health District SUBMISSION BY 30.09.2022

Go4Fun Term 4 Program





Go4Fun

Happy healthy kids

Fun! After school! Join us!



Ready, Set, Go4Fun!

A free 10-week healthy lifestyle program for kids from age 7-13 who are above a healthy weight, and their families.

Families learn about healthy eating and physical activity through fun games and activities.

Register now! Phone 1800 780 900 or visit go4fun.com.au



Term 4 2022 Locations

Prairiewood Youth and Community Centre Tuesday 4pm - 6pm

Yagoona Community Centre Thursday 4pm - 6pm

> Liverpool PCYC Saturday 1pm - 3pm

Arabic supported program Prairiewood Youth and Community Centre Tuesday, 4pm - 6pm





Sydney Seafood School

SYDNEY SEAFOOD SCHOOL



SCHOOL HOLIDAY FUN AT THE FISH MARKET

Looking for something fun and educational for the kids these school holidays? Then book your junior masterchefs into a cooking class at Sydney Seafood School.

We offer fun, educational and entertaining cooking experiences for kids aged 7+:



Kids' Dumpling Making Class

Tuesday 27th September 2022 10am -12pm

Classes priced from \$75. For more info head to: www.sydneyseafoodschool.com.au or call 02 9004 1111.



Scan to find out more!









Fairfield Spring Fest

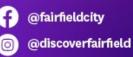








Scan the QR code to find out more







The Young Naturalist Holiday Workshops



- Discover the magical world of Australian Biodiversity, with microscopes & magnification!
- Investigate pollen grains, fungal spores & insects under the microscope & learn to identify key species!



Incredible Insects

- Journey into the world of insects
- View the world through insect eyes
- Explore our worldwide collection



Australian Spiny Leaf insects (Extatosoma tiaratum) & Goliath Stick Insects (Eurycnema goliath)

Nature Detectives • Discover the secret adventures of

Pamela the Long-nosed Bandicoot Solve clues & decipher the code to identify the plants, fungi & insects Pamela encounters in the forest



"Using the cameras for Citizen Science was fun!" Leo (8 yrs)

"I loved seeing

the native flowers

with the hand lens"

Sofia (9 yrs)

Pollen grains ok beautiful through the nicroscope Brooke (15 Vrs

In ALL Workshops

- Investigate Australian Biodiversity in our Nature/Insect Laboratory Investigate our 'Living World' using research microscopes
- Learn to identify key taxonomic groups of plants, fungi &/or insects
- Learn Nature Photography using our Canon cameras
- Become a Citizen Scientist with iNaturalist Nature Discovery Projects

Details

Ages 7 to 16 yrs Max 20 children/workshop Time: 10.30am to 3.30pm \$100/workshop or use CK Voucher

To book, visit: www.youngnaturalist.com.au

Education Annex (near outdoor gym) **Bicentennial Drive** Sydney Olympic Park NSW 2127 Closest carpark P10F

Location

"Please bring a snack, lunch, drink, hat & sunscreen with you & wear enclosed shoes"

SAFE **RESPECTFUL** LEARNER



How to register?

- 1. Download the Flexischools app and select 'Like to Register?'
- 2. Submit your email address to create an account.
- 3. Go to your inbox and click the link to verify your email (remember to check junk folder).
- 4. Follow the registration process, creating a password and adding your personal details.
- 5. Add your student under 'Profile' and start ordering online.

SAVE

TIME

ORDER ONLINE!

www.flexischools.com.au

For iOS/iPhone, download <u>here</u>.

For Android Play Store, download here.

How to place an order?

- 1. <u>App</u>
 - Click 'Order Food' at the top of the home page. **OR**

<u>Website</u>

Click the green 'Order' button below your desired service.

- 2. Select the date that you wish your child to receive their order on.
- 3. Choose the food items you wish to purchase and then select 'Confirm Order'.
- 4. Select your desired payment option to place your order.

We're excited to introduce Flexischools, a school canteen online ordering system.

This means that your canteen orders can now be pre-ordered online!

-For <u>more information</u> and to <u>register</u>, visit the Flexischools website or download the App.



School Holiday Events

Our school community is hosting a variety of events for students to enjoy in the school holidays. Find out more:

Fairfield

- Fairfield City Council What's on?, here.
- PCYC Fairfield-Cabramatta events, <u>here</u>.

Liverpool

- Liverpool City Council events, here.
- Liverpool Library Holiday Activities, here.

Students return to school for Term 4 Monday 10 October, 2022



Good Luck to all students sitting their HSC examinations early next term!

Download our School App

School Stream

Available on iOS/iPhone and Android Play Store

iPhone / iPad iOS

- 1. From your mobile device go to the App store and search for School Stream
- 2. Tap the FREE/GET button to the right of the listing
- 3. Tap the INSTALL button and Open once your login details have been entered
- 4. You will be promoted to accept push notifications select OK
- 5. Start typing ST JOHNS PARK HIGH SCHOOL into the search and select our school.

St. John's Park High School ensures that student, parent and staff privacy in our newsletter is maintained. If photographs or written material offend or permission was not given please contact the school and notify Lisa Ida or Renee Carniato. We apologise for any inconvenience.

St Johns Park High School

Address : Mimosa Rd, Greenfield Park NSW 2716 Phone: (02) 9610-8035 Fax: (02) 9823-7827



SAFE





Android

- 1. From your mobile device go to the PLAY store and search for School Stream
- 2. Tap the School Stream listing
- 3. Tap the INSTALL button
- 4. Tap the ACCEPT button and OPEN
- 5. You will be promoted to accept push notifications select OK
- 6. Start typing ST JOHNS PARK HIGH SCHOOL into the search and select our school
- 7. Tap the DONE button in the top left.

E-mail: stjohnspk-h.school@det.nsw.edu.au



RESPECTFUL | LEARNER

www.sjohnspk-h.schools.nsw.edu.au

School Stream App

Excellence in Education



ST JOHNS PARK HIGH SCHOOL

https://stjohnspk-h.schools.nsw.gov.au/ Mimosa Road, St Johns Park 2176 T: 9610 8035